







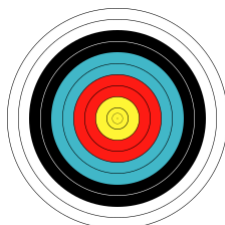





	Art	Pe	Music	Japanese	Wellbeing
p r e p	<p>Monday 12.30 - 1.30</p> <p>What is beauty? We all have different ideas about what is beautiful. Everybody has different opinions and ideas. Draw a picture or take a photo (and print it) of something YOU think is beautiful.</p>  <p>Write a sentence to explain your opinion. 'This is beautiful to me because...'</p>	<p>Wed 12.30-1.30</p> <p>Design your own workout.</p> <p>Do the Bluey 'This or that' workout</p>  <p>https://www.youtube.com/watch?v=qXk3sRZU06Y</p> <p>Design your own 'This or that' workout. Make cards or pictures with matching exercises. You might want to video your workout.</p>	<p>Thurs 12.30-1.30</p> <p>Make a Maraca</p> <p>Using found objects from around the house, make your very own maraca.</p> <p>Shake your maraca along to your favourite songs.</p> 	<p>Tuesday 12.30-1.30</p> <p>Mount Fuji (富士山, Fuji-san) is the tallest mountain in Japan. It is also a volcano!</p>  <p>富士山</p> <p>Write the characters for Mount Fuji.</p>	<p>What's your favourite calm down activity? If you're upset or angry what helps you to relax? It might be a show you like to watch, toys you like to play with or a book you can read. Whatever it is, tell your family what it is too. Tell them how it makes you feel when you do that thing.</p>
1 / 2	<p>Tuesday 12.30-1.30</p> <p>Alphabet Art. Write the alphabet neatly all over a piece of paper. Make sure the letters touch and overlap. You can write in upper case or lower case. Fill the space. Then colour in the spaces created by the letters.</p>  <p>ABCDEFGHIJKLMNOPQRSTUVWXYZ UVWXYZ</p>	<p>Thurs 12.30-1.30</p> <p>For this activity you will need a soft surface (either a carpeted floor or a yoga mat) This is a drill to help students learn how to control their stand up at the completion of a forward roll.</p> <p>Try these 3 simple steps:</p> <ol style="list-style-type: none"> 1. Sit on bottom in tuck shape, roll back onto your upper back and shoulders and then roll forward 2. Roll faster, bring weight forward into a squat – watch your knees. Push with hands if needed 3. Roll faster, bring weight forward to a squat, bring your arms forward, find balance, stand up <p>Please ensure you do not roll back onto head or neck and be careful of your knees in squat position. Stay safe and have fun!</p>	<p>Wed 12.30-1.30</p> <p>Elements of Music</p> <p>Fold a piece of paper in half and look for sounds around your home.</p> <p>Draw pictures of things that make loud sounds in one half, and things that make quiet sounds in the other half. Label one side "high" pitch and one side "low" pitch. You can also do this with "loud" and "quiet" sounds.</p> <p>Eg:</p> <p>Loud Soft</p> 	<p>Thursday 12.30-1.30</p> <p>We are going to learn what you can get from Seven-Eleven in Japan!</p> <p>Do you think Seven-Eleven shops are the same as they are here? The Seven-Eleven in Japan can offer more! Please check this video!</p> <p>Ryan went to Japan with his family and investigated what they could get from Seven-Eleven!</p> <p>https://www.youtube.com/watch?v=YF3KazlGp-8</p> <p>Your task: Can you draw food you can sell at Seven-Eleven in Japan?</p> <p>You can create your lunch box or Sweets, Snacks etc. Draw a picture of your food in your exercise book! Explain what they are.</p> 	<p>What's your favourite calm down activity? If you're upset or angry what helps you to relax? It might be a show you like to watch, toys you like to play with or a book you can read. Whatever it is, tell your family what it is too. Tell them how it makes you feel when you do that thing.</p>

Specialist Remote learning

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3 / 4	<p>Wed 12.30-1.30 Underground house. In some parts of Australia, it is so hot that some people live underground. Imagine that you lived underground. If you wanted another room, you could just dig another one out. Here's your chance to design your own underground house.</p> 	<p>Thurs 12.30-1.30 Target Games What is a target game?</p> <p>Set up 3 buckets in a straight line with a big space in between. First bucket is worth one point, second bucket is worth three points and the last bucket is worth 5 points. How many points can you get in 60 seconds? Use tennis balls, soft toys or bundles of socks as your objects.</p> <p>Have a go at making your own target game!</p> 	<p>Friday 12.30-1.30</p> <p>Create an Instrument Family Poster.</p> <p>What are the 4 instrument families?</p> <ol style="list-style-type: none">1. Percussion2. Strings3. Woodwind4. Brass <p>Divide your poster into 4 sections. 1 for each instrument family. Draw a picture of an instrument that belongs in each instrument family.</p> <p>Use this link to help you research your instruments and write 2 facts about each instrument on your poster: https://www.mslearn.com.au/</p>	<p>Tuesday 12.30-1.30</p> <p>We are going to learn non-verbal communications. Watch this video. Emma and Shiori are talking about the gestures. Are the gestures the same in Japanese and English-speaking countries? https://www.youtube.com/watch?v=6r19vcqAYLQ</p> <p>Your task: Create a table and then write down what gestures we do in Australia in your exercise book. Or use Google docs to type your answer.</p> <table><tr><th>Japan</th><th>Australia</th></tr><tr><td>Pointing yourself (It's me!)</td><td></td></tr><tr><td>Oops! (Scratching/touching the head)</td><td></td></tr><tr><td>Come here! Raising your hand with the palm toward the person you are calling, move your fingers quickly up and down in unison.</td><td></td></tr></table>	Japan	Australia	Pointing yourself (It's me!)		Oops! (Scratching/touching the head)		Come here! Raising your hand with the palm toward the person you are calling, move your fingers quickly up and down in unison.		<p>What's your favourite calm down activity? If you're upset or angry what helps you to relax? It might be a show you like to watch, toys you like to play with or a book you can read. Whatever it is, tell your family what it is too. Tell them how it makes you feel when you do that thing.</p>
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5 / 6	<p>Friday 12.30-1.30</p> <p>Up close Select one object from around your house. Make sure it is interesting and has lots of details. Divide your paper into four squares. You are going to draw four different close-up views of your object. Use this drawing to practise your shading and colour blending.</p> 	<p>Monday 12.30 - 1.30 Create Your Own Target Game Steps: Find some objects to use as obstacles and to throw with, and set up in an open space You are to create your own target game, which includes rules around: Something you throw with, Targets/objects to hit, Scoring system, possible obstacles, and any other rules/challenges for bonus points. Play by yourself, and with family members if you can. Share your game with family members, or with your class (online) and try to play someone else's game.</p>	<p>Tuesday 12.30-1.30 Auslan (Sign Language)</p> <p>Use this You Tube link to learn to sign the alphabet: https://www.youtube.com/watch?v=3KUQ4NiCoOU&t=34s</p> <p>Use this You Tube link to learn the lyrics and sign language for the song 'We Are Australian' https://www.youtube.com/watch?v=7kfFmwEgJPs</p> <p>Finger Alphabet Chart</p> 	<p>Wed 12.30-1.30</p> <p>Topic: Mikoshi: Japanese portable miniature shrine Go to my Google classroom and you can find today's article in Google document. 'Mikoshi Japanese Portable Miniature Shrine' You can see the questions underneath the article. Then watch this video to know how they spend their festival day.</p> <p>Behind the Scenes at a JAPANESE FESTIVAL Mikoshi Matsuri https://www.youtube.com/watch?v=opZAKJIG3nU</p> 	<p>What's your favourite calm down activity? If you're upset or angry what helps you to relax? It might be a show you like to watch, music you like to listen to or a book you can read. Whatever it is, tell your family what it is too. Tell them how it makes you feel when you do that thing.</p>								