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Dear Parents & Carers,

In 2024 your child/children will be participating in Inform & Empower Cyber Safety & Digital Wellbeing program. This means that your child/children will be tuning in to live streamed incursions (with their teachers) every term that focus on healthy and safe digital habits. The incursion content is all written and delivered by qualified teachers who are endorsed by the eSafety Commissioner as a Trusted eSafety Provider.

These sessions aim to help children better navigate the online world and become more aware, clever, brave and kind. They will focus on topics including navigating unwanted contact, cyberbullying, help-seeking strategies, unsafe content, balancing screen time with "green time" and sharing personal information.



You, the parents and carers, will also be given resources to support conversations with your children at home. You will receive a concise "tip sheet" each term that outlines what your child learned about in class and how you might open up these important conversations.

Student Surveys

In Years 3-6, Inform & Empower will invite students to complete anonymous surveys asking them about their digital habits. No identifying information, such as name or school, is collected. This survey is optional. You or your child may choose to opt out at any stage, please inform the school if you do not wish your child to complete these surveys. Questions examples include: What online games do you like to play? How many hours do you spend online each day/week? What are the best/worst things about the internet? The survey data will be used by Inform & Empower to help improve their programs and may be published online.